

**Lehigh University Sports Medicine**  
**Position Statement on Massage Therapy**

Massage is defined as the practice of soft tissue manipulation with physical, functional, and in some cases psychological purposes and goals. While the Sports Medicine staff does not utilize the application of massage therapy in the management of student-athletes' injuries, we also do not deter student-athletes from seeking these services on their own.

Please refer to the Lehigh University Sports Medicine website ([www.lehighsports.com/sportsmed](http://www.lehighsports.com/sportsmed)) under *Sports Medicine Consultants* for a list of local qualified Licensed Massage Therapists.