



## Lehigh University Mountain Hawks Volleyball Camps 2009

April 23, 2009

Dear parents and (camper):

We have received your Lehigh Volleyball Camp application and payment for **Junior Mountain Hawk Camp Grades 6-8 on July 13th – July 16th**. We are very excited you have chosen to attend our camps and look forward to a fun-filled, intense four days of improving your game! All campers are expected to attend all sessions and heed the University's rules of decorum. Misconduct may result in dismissal; flagrant misconduct WILL result in immediate dismissal from camp. \*Parents, please be on time to pick up the commuter campers when camp ends.

**REGISTRATION:**

Check-in will be 8:15am-9:00am. Campers will check in at Lehigh's Asa Packer Campus in **TAYLOR GYM**. Also, please be sure to eat breakfast prior to check-in, as well as prior to camp each morning! The **entire camp** will take place in TAYLOR GYMNASIUM due to necessary construction taking place at Grace Hall.

**HEALTH FORMS:**

The Health, Medical Release & Insurance Form is available on the web site. The Health, Medical Release & Insurance Form can be completed and returned **ASAP**. **All campers must have a signed Health, Medical Release & Insurance Form on file to participate.** If too close to the start of camp, then bring it with you to Check-in. We WILL have an on-sight Athletic Trainer should any camper need immediate medical attention.

**SCHEDULE:**

The Camp Itinerary is included in this mailing. **Parents of campers, please be sure to pick up the campers on time at Taylor Gym each evening. If you are having someone other than yourself pick up your child, please be sure to inform our staff of this and put it in writing.**

**DIRECTIONS:**

See back of page. **Please keep all paperwork safely with you and bring to camp.**

**NECESSARY**

**ITEMS TO BRING:**

Campers must supply their own lunch. Plenty of extra t-shirts, shorts, socks, volleyball or indoor court shoes and kneepads are also a must!

See you soon!!!

Coach Jenny Maurer  
Head Volleyball Coach  
2007 Camp Director  
610.758.6111 (o)  
610. 657.1599 (c) \*\* Only to be used in case of emergency.

## **THE JUNIOR MOUNTAIN HAWK CAMP:**

### **DIRECTIONS TO LEHIGH UNIVERSITY AND GRACE HALL:**

**From the East:** Take I-78 west to Hellertown (exit 21), turn right on 412 (north), continue to Bethlehem (about 4 miles), turn left on Taylor Street, continue up the hill and onto campus. You will reach an intersection w/a 4-way stop at Taylor Street & Asa Packer Ave. Continue straight up and Taylor Gym is the second building on your left.

**From the West:** Take I-78 east to Hellertown (exit 21) and follow the directions listed above.

**From the North:** Take 476 South to the Lehigh Valley Exit (33) follow signs for 78 East, take the Hellertown exit (21) and follow the directions listed above.

**From the South:** Take 476 north to Quakertown (exit 32), go east/left on 663, turn left on 309 (north), continue for about 8-10 minutes, bear right on 378. After you go over the hill, turn right at the second blinking yellow light (Summit Street), continue to the end of the street, turn left (Brodhead), go to the stop sign, turn right (Packer Ave.) Continue to Taylor Street (4-way stop), turn right, go up the hill. As you head up Taylor Gym is the second building on your left.

**Due to the numerous campus improvement around Lehigh University, please go to the link listed below for updated information on directions and safety issues.**

**<http://www3.lehigh.edu/about/maps/drivedirect.asp>**

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### **CAMP ITINERARY:**

#### **Monday -Thursday, July 13th – July 16th:**

8:15 am – 9:00 am	Registration/Check-in at Taylor Gym
9:00 am – 12:00 am	Session I: Daily skill instruction; demos and drills
12:00 pm – 1:00 pm	Lunch
1:30 pm – 4:00 pm	Session II: Game-like/Combo drills; Competition
4:00 pm – 5:00 pm	Pick-up

On Tuesday, Wednesday, and Thursday all campers are to report by 8:45 am to Taylor Gym.