



LEHIGH
ATHLETICS
FOOTBALL

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Head Coach

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NATIONAL
CHAMPIONS

1977

PATRIOT
CHAMPIONS

2006

2004

2001

2000

1999

1998

1995

1993

IAA NATIONAL
PLAYOFF
APPEARANCES

2004

2001

2000

1999

1998

1980

1979

1977

1975

1973

Dear Camper and Parents,

We have received your camp registration and are excited that you will be joining us for our **2009 Lehigh Mountain Hawks Championship Skills Football Camp**. We are certain that you will get a lot out of your camp experience here at Lehigh. From fundamentals and drill work to technique and skill development you will leave our campus a better football player.

Registration will begin at 8:00am on Saturday June 20th at the Cundey Varsity House on Lehigh's Goodman Campus. For directions to the Varsity House go to www.lehighsports.com (click on Venues/Directions on the left). This will allow you to print out accurate and detailed directions to our camp. If you are not already familiar with the area, be sure to familiarize yourself with your travel route and time to ensure that you are not late for registration and check-in on Saturday morning. Please get back to campus by 4:00pm to pick up your son.

You will need to fill out the **Lehigh University Summer Camps Health Form and Waiver**. To access the document, please go to www.lehighsports.com/info/camps/ and click on *Health Form and Waiver*. You must complete both sides and **bring them with you to registration**. **To participate, each athlete must have both forms on file with our athletic trainer.**

HELMETS AND SHOULDER PADS are required and you must bring your own jersey. You should also have a regulation mouth piece. However, the camp focus is on technique, with 80% of the format being non-contact in nature. That being said, campers who do not have access to the necessary equipment are welcomed to attend and will still benefit from working with our coaching staff, but for safety reasons, campers who do not have helmets and shoulder pads will be allowed to participate on a **limited basis in competitive drills (only a small portion of the camp schedule)**. Camp will be held at our Whitehead Practice Complex which has three natural grass practice fields so you will need grass cleats. Be sure to bring extra socks, t-shirts and shorts, as you may want to change between the morning and afternoon sessions.

CAMP SCHEDULE (Tentative)
Saturday – June 20th

8:00am – Registration/Check-in begins at the Cundey Varsity House – Goodman Campus
9:15am – Welcome and Staff Introductions
9:30am – Practice 1
12:00pm – Lunch (provided)
1:00pm – Guest Speaker
1:30pm – Practice 2
4:00pm – Close of Camp

At the time of registration, campers may set up a pre-pay account with the Camp Store, for the purchase of Sports Drinks and Power Bars. Lunch is provided, but extra sports drinks may be purchased at retail prices and save you the trouble of bringing your own.

Once again, we are looking forward to working with you. Don't hesitate to call me if you have any questions before the start of camp. If something should come up and you can no longer attend, our University's Camp refund policy can be found at www.lehighsports.com under the Camps and Clinics header. See you on the 20th.

Sincerely,

R.J. Ryan
Assistant Football Coach
Camp Director
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Rjr4@lehigh.edu